

Tri-State Learning Collaborative on Aging presents:



**October 21, 2019 | 8:00 - 3:30PM**

**Grappone Center, Concord, NH**

# AGE OF POSSIBILITIES SUMMIT

## AGENDA



### 9:00 – 9:15 **Welcome & Opening Remarks**

**Jess Maurer**, *Executive Director, Maine Council on Aging*  
*Project Manager, Tri-State Learning Collaborative on Aging*

### 9:15 – 10:15 **Keynote – Aging is Cool: Everyone is doing it**

**Alice Bonner, PhD, RN**

*Senior Advisor, Aging, Innovation, Institute for Healthcare Improvement*

*Former Secretary of Executive Office of Elder Affairs, Commonwealth of Massachusetts*

This presentation will touch on many aspects of optimal aging and policy, including home and community-based services such as the CAPABLE program, work with caregivers of individuals living with dementia, and public health issues such as social isolation, loneliness and homelessness. Bonner will also speak about the importance of relationships, finding and developing champions and leaders, and the Age Friendly Health Systems movement. Audience participation will be encouraged!

### 10:15 – 10:30 **Break – visit our exhibitors!**

### 10:30 – 11:30 **Morning Plenary Panel- Healthy Aging and Research**

Moderator: **Lenard Kaye, PhD, DSW**, *Director of the Maine Center on Aging*

Panelists:

**Andrey Antov, PhD, MBA**, *Program Director, Maine Cancer Genomics Initiative, The Jackson Laboratory*

**Barbara Colombo, PhD**, *Associate Professor of Psychology, Head of the Neuroscience Lab, Champlain College*

**Allison Wilder, PhD**, *Associate Professor, University of New Hampshire*

### 11:30 – 11:45 **Break and Get Lunch**

### 11:45 – 12:45 **Lunch Plenary Panel- Healthcare Workforce**

Moderator: **Laura Davie**, *Co-Director Center on Aging and Community Living*

Panelists:

**Ellen Flaherty, PhD, MSN, APRN**, *Director, Dartmouth Centers for Health & Aging*

**Jennifer Gunderman-King, MPH**, *Workforce Development Teach Lead, AHEC, Assistant Clinical Professor, University of New England*

**Susan Huard, PhD**, *Manchester Community College*

### 12:45 – 1:00 **Break – visit our exhibitors!**

### 1:00 – 2:00 **Breakout Session One**

#### MERRIMACK

#### **A1. Dementia Research**

*Presenters: Barbara Colombo, PhD. Associate Professor, Head of Neuroscience Lab, Champlain College; Marie Hayes, PhD. Professor of Psychology*

#### CONCORD

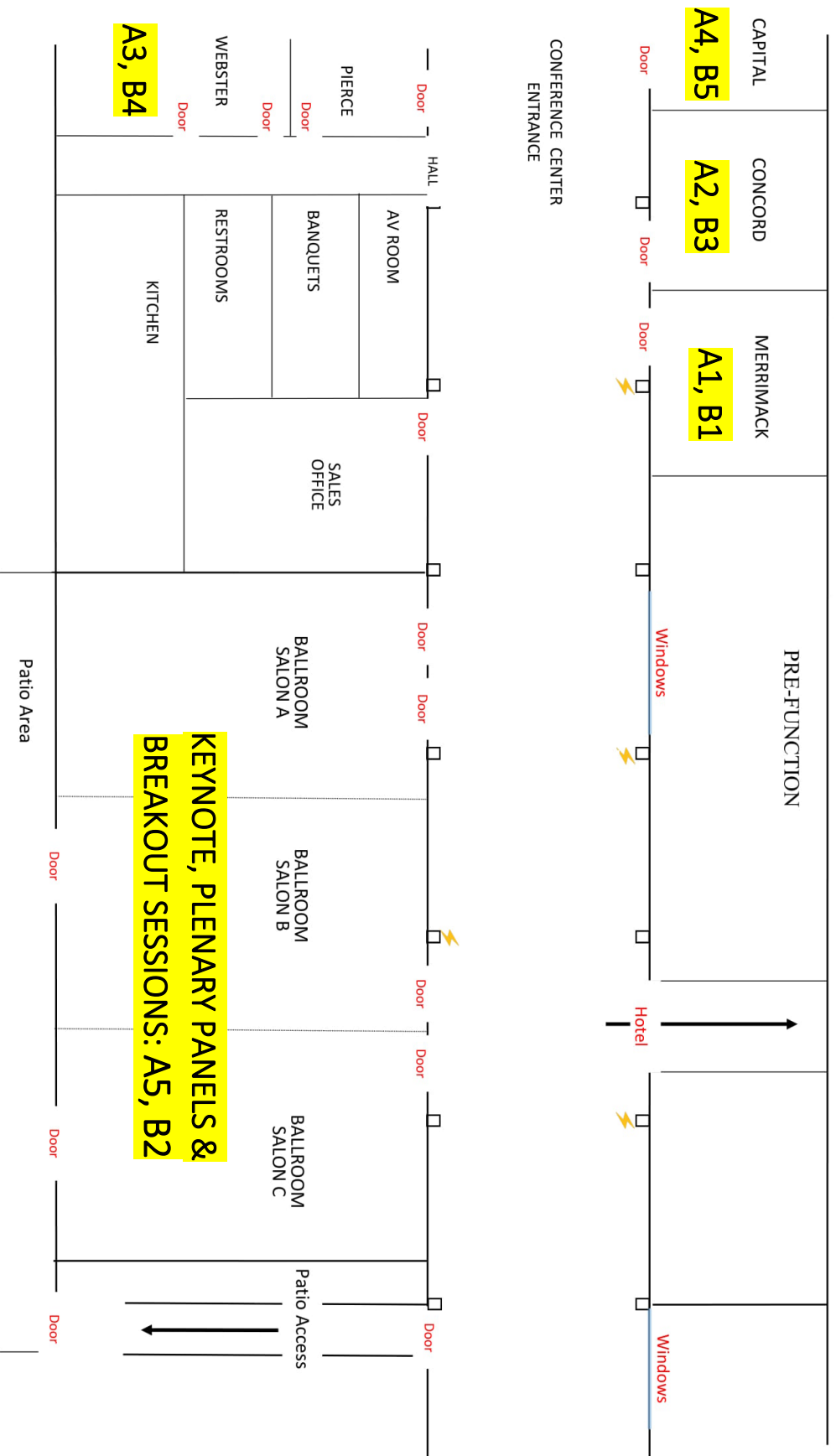
#### **A2. Geriatric Workforce Enhancement Program: Making Healthcare Better by Engaging Patients and Family Members**

*Presenters: Clifford Singer, MD. Chief, Geriatric Mental Health and Neuropsychiatry, Northern Light Health Acadia Hospital; Susan Wehry, MD. Chief of Geriatrics, Division of Geriatrics, University of New England College of Osteopathic Medicine; Ellen Flaherty, PhD, MSN, APRN, Director, Dartmouth Centers for Health & Aging; Bernie Seifert, LCSW. Director of Adult Programs, NAMI NH, Dartmouth Centers on Health and Aging*

- WEBSTER**      **A3. Age-Friendly Healthcare**  
*Presenters: **Betsey Rhynhart**, Vice President, Population Health, Concord Hospital & Executive Director, NH Accountable Care Partners (Medicare ACO); **Keliane Totten**, Vice-President of Community Engagement, Concord Regional Visiting Nurses Association; **Tammy A. Vachon**, LCSW. Program Manager, Geriatric Programs, Partnership for Healthy Aging, Maine Health*
- CAPITAL**      **A4. Experiential Learning: Identifying opportunities and collaborators for service learning in fall prevention**  
*Presenters: **Ebony Dukes**, CNA. University of New England, Class of 2020 Health Wellness and Occupational Studies Major, Intergenerational Living Student; **Jason T. Garbarino** DNP, RN-BC, CNL. Clinical Assistant Professor, University of Vermont Department of Nursing; **Nancy Gell** PT, PhD, MPH. Assistant Professor, Department of Rehabilitation and Movement Science, University of Vermont*
- GRANITE**      **A5. Using Qualitative Research to Understand Older People’s Quality of Life and Informal Caregiver Experiences**  
*Presenters: **Lynne A. Bond**. Professor Emeritus, Department of Psychological Science, The University of Vermont; **Kenneth Elliott**. Professor of Psychology, The University of Maine at Augusta; **Jennifer Pratt**. Research Analyst University of Southern Maine, Muskie School Of Public Service, Cutler Institute; **Jacqueline S. Weinstock**. Associate Professor, Human Development and Family Studies Program, The University of Vermont*
- 2:00 – 2:15**      **Break – visit our exhibitors!**
- 2:15-3:15**      **Breakout Session Two**
- MERRIMACK**      **B1. Engagement & Meaning-Making in Later Life: Opportunities in Work, Education and Research**  
*Presenters: **Mary Branagan**. Director of Program & Partner Affairs, Associates for Training and Development (A4TD); **Anne Cardale**. Program Director, Maine Senior College Network; **Tom Meuser**, PhD. Professor & Director, Center for Excellence in Aging & Health, University of New England.*
- GRANITE**      **B2. Empowering and enabling aging-in-place through digital technologies**  
*Presenters: **Sajay Arthanat** Ph.D., OTR/L., ATP. Associate Professor, Department of Occupational Therapy, College of Health & Human Services, University of New Hampshire; **Piali De**, PhD. CEO, Sencio Systems*
- CONCORD**      **B3. Engaging Older Adults in Research: Examples from the Field**  
*Presenters: **Jason Aziz**, PhD Candidate. Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University, Nutrition, Exercise, Physiology, and Sarcopenia Research Laboratory; **Jennifer Crittenden**, PhD. Associate Director, University of Maine Center on Aging; **Lenard Kaye**, DSW/PhD. Director, University of Maine Center on Aging; **Astra Chang Schwertschkow**, PhD. MAINAH Project Manager, Northern Light Health Clinical Research Center; **Cliff Singer**, MD. Chief, Geriatric Neuropsychiatry, Northern Light Acadia Hospital*
- WEBSTER**      **B4. Putting Data and Research to work**  
*Presenters: **Chae Man (Jay) Lee**, PhD. Post-Doc Fellowship, Department of Gerontology at UMASS Boston; **Kristen E. Porter**, PhD, MA, MAc, LAc, JP. Founder/CEO: The Zen Executive, LLC & AHA Diversity, Equity, and Inclusion Committee*
- CAPITAL**      **B5. Hearing and Experiencing the Untold Story**  
*Presenters: **Anna Adachi-Mejia**, PhD. Associate Professor, Geisel School of Medicine at Dartmouth; **Susan Wehry**, MD. Chief of Geriatrics, University of New England College of Osteopathic Medicine*
- 3:15 – 3:30**      **Concluding Thoughts**

**Speaker biographies and full breakout session descriptions can be found here:**  
<https://agefriendly.community/the-age-of-possibilities/>

Grappone Conference



With Gratitude

*The Tri-State Learning Collaborative on Aging wishes to thank our funders, sponsors, and exhibitors for their support of Age of Possibilities!*